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# Nyttige erfaringer og lærdom

- **Tid** til refleksjon og diskusjon
- **Deltakermedvirkning**
  - Klassekontrakt
  - Plakat: forventninger, frykter, mål
  - Kartlegge interesser
- Gjøre undervisning **relevant** for hverdagen
- Teoretisk grunnlag – gjenkjennelig
  - **Mezirow**: *transformative learning* (gjenkjenne/endre egne fastlåste tankemønstre)
  - **Knowles**: *andragogy* (erfaringsbasert læring, hvordan voksne lærer)
  - **Freire**: *social change* (frigjøringspedagogikk)
  - Trinn i **gruppeutvikling** (*forming – storming – norming – performing*)
  - **Barrierer** for voksne deltakere

# Barrierer i voksenopplæring

## Activity A

Think of possible situational barriers that could negatively affect adult learners' participation and record these ideas in the column on the left. Then think of ways to address these barriers and record them in the column on the right.

Barriers	Ways to address

Incident	Educator's interventions
Silent/indifferent group (lack of participation from the whole group)	
There is one or two learners that dominate the group	
The learners are expecting answers from the educator/extreme respect towards the educator	
Lack of preparation by the learners	



## Opplegg og metoder

Bruke kunst

See – Think –  
Wonder:

Rollespill

Icebreaker bingo

What do you see?

What do you think  
is going on?

What does it make  
you wonder?

# Opplevelser

- Guidet bytur i Larissa
- Bli bedre kjent
- Meteora
- Mat



# Skolebesøk

